

Reflection #37
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What Does Leaving A Legacy Mean?

We are now entering Week 9... or is it Week 10 of this pandemic. That is one of the things that living under stress does... we lose sense of time and then lose focuses of important ways of "being" in this pandemic. I have an interesting question that I would like us to ponder. "What legacy would I like to be remembered for while living through this pandemic?" Will your loved ones see you as a leader of calm and patience? Or will they remember you adding to fear and panic. Peter Stroble has an excellent definition of legacy:

"Legacy is not leaving something for people, it's leaving something **in** people".

This is the type of individual leadership we need to survive and thrive in this era of a pandemic. Patience, calm and calling out the resiliency of the people around us is true individual leadership. Leaving a legacy during this pandemic can be the example of staying out of panic, follow the advice of science as we learn more about this virus and share your fears.

"The things you do for yourself is gone, when you are gone, but the things you do for others remains as your legacy". Kalu Ndukwe Kalu

Today, let's talk to our loved ones about the importance of leaving a legacy.