2015 ANNUAL CONFERENCE
April 19-21, 2015

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- MDS Support & System Implementation
- Training and Education
- Policy Manuals & Updates
- Stakeholder Relations
April 19, 2015

Dear Conference Delegates:

Welcome to the 2015 Hospice Palliative Care Ontario Conference. As we go to print with this program, two weeks before the event, we have already hit our attendance goal of 500 people so we are on track for our biggest conference ever! Once again, the conference advisory committee has created a broad and diversified program that we are confident you will enjoy.

As your Association, HPCO’s mission is to provide leadership on behalf of our members by informing policy and promoting awareness, education, knowledge transfer and best practices in the pursuit of quality hospice palliative care in Ontario. This conference is an opportunity for interdisciplinary education; a forum for the exchange of scientific information; the presentation of hospice palliative care related research; showcasing products and services; and networking.

Themes present in this year’s conference include advance care planning; creating integrated regional programs; compassionate communities; a public health approach to palliative care; and listening to and learning from the patient and caregiver experience. We have also added a new segment called HIT (Healthcare, Innovation, and Technology) Talks that we hope you find provocative and inspiring.

Most would agree that hospice palliative care is a philosophy of care. One of providing dignity, quality of life and comfort and that supporting caregivers is central to good palliative care. Unfortunately, society in general has forgotten what it means to care for each other. It became too easy to assign care to others. The time has come to bring care back to the community, not just as a setting of care, but an empowerment to care for each other. To quote our opening keynote speaker, Professor Allan Kellehear, “A compassionate city is a community that recognizes that care for one another at times of crisis and loss is not simply a task solely for health and social services but is everyone’s responsibility.” We hope this conference helps equip you with ideas and skills to foster positive change in your community.

We would like to thank our Conference Co-Chairs Vivian Papaiz and Vicki Lejambe, the program advisory committee and abstract review teams, our staff, and all the conference volunteers for their time and dedication in making this a special event for you.

Sincerely,

John Crean
Chair of the Board
Hospice Palliative Care Ontario

Rick Firth
President & CEO
Hospice Palliative Care Ontario
visit hpco.ca and look under Education for Health Service Providers for Ontario specific Advance Care Planning and Health Care Consent materials

Video presentations with facilitator guides and participant workbooks:

- Speak Up Ontario – Train the Trainer Workshop (For Health Service Providers and Educators)
- Health Service Provider Workshop on Health Care Consent in Relation to Advance Care Planning
- Public Education Session on Health Care Consent in Relation to Advance Care Planning
- Health Care Consent and Advance Care Planning: Getting in Right in Ontario for Health Practitioners

Connect with HPCO on Social Media

Twitter @hpcontario
Linkedin Hospice Palliative Care Ontario
Facebook Hospice Palliative Care Ontario

Follow the Conference on Twitter @hpcontario and #hpco2015 for updates and announcements
We hope that this conference will provide you with a powerful learning experience and an environment that will foster new ideas and provide opportunities for group discussions and networking. If at any point throughout the conference you have questions, please go to the Information Counter, located near the conference registration area. HPCO staff, volunteers and committee members will be available throughout the conference to assist you if you have any questions or special needs.

**Conference Registration & Information Counter**

This registration area will open daily at 7:30 am and closes 30 minutes after the last scheduled session each day. We have included a map of the hotel in this program, and staff and volunteers will be available to provide directions and assist you in finding your way around the hotel.

**Lost and Found**

Please visit the Information Counter.

**Mainpro™-M1 Accreditation - For Physicians Only**

This program has been accredited by The College of Family Physicians of Canada and the Ontario Chapter for up to 12.75 Mainpro®-M1 credits. Please be sure to pick up your certificate of attendance at the Information Counter prior to leaving the conference.

**Attendance Certificates**

If you would like an attendance certificate for the conference, you may pick one up at the Information Counter.

**Thanks to the conference advisory committee, staff and volunteers**

Rosslyn Bentley, Kelly Borg, Nancy Cooper, Julie Darnay, Rick Firth, Russell Goldman, Eunice Gorman, Theresa Greer, Deb Harrold, Kelly Hubbard, Martha Karn, Christopher Klinger, Kathy Kortes-Miller, Beth Lambie, Anna LeCoche, Vicki Lejambe, Shiraz Malik, Alexandra McKenna, Hilary Mettam, Paula Neil, Ingrid Norrish, Vivian Papaiz, Rami Shami, Anita Singh, Willi Shillinglaw, Teresa Sottile, Annalise Stenekes, Pat Stuart, Cindy Webber, Sue Williams, and Garth Wittich. A detailed listing of the conference team and their roles is on page 14.

Thanks to the team of practitioners and therapists that provided the Complementary Therapy "Taster Sessions" to keep us relaxed and stress free during the conference.

HPCO extends a heartfelt thank you to all the delegates who volunteer as session moderators, registration desk attendants, greeters, and to everyone that helped out in any way. We could not do it without you!
Back By Popular Demand! - Complementary Therapy "Taster Sessions"

Sunday, April 19 from 12:30 - 4:30 p.m. and Monday, April 20 from 8:30 - 4:30 p.m.

Take time to join us and experience first-hand how complementary therapies can help patients, caregivers and family members. Delegates will have the opportunity to sample Therapeutic Touch™, Reflexology, Reiki, Aromatherapy Massage, Indian Head Massage, and Seated Relaxation Massage.

Sessions will be 15 minutes each, except during workshop periods when individuals can book two consecutive 15-minute sessions (depending on the demand). No undressing required, except for footwear during the reflexology. A schedule and signup sheet will be available outside the Buttonville/Unionville Rooms for delegates to sign up for the various sessions, on a first-come, first-served basis.

Thank you to Nancy Hall for coordinating the "Taster Sessions", and for the assistance of Julie Wilding, Jodi Cole, and Gail Diamond. A special thanks to all the volunteer therapists and practitioners who have donated their time to provide the various therapies for delegates to experience.

Sheraton Parkway Toronto North Hotel - Meals & Restaurants

The Crave Restaurant in the Sheraton Parkway Hotel is pleased to provide a special priced dinner menu for HPCO Conference participants on Saturday April 18 and Sunday, April 19 from 5:30 - 10:00 pm. Menu information and pricing is available at the conference information counter.

Caesar Spa - Lower Level of The Sheraton Parkway Toronto North Hotel

The Sheraton Parkway and Caesar Spa are pleased to offer HPCO conference delegates two exclusively priced spa packages: Healing Mist Package - $65 (Valued at $130) - includes a manicure & pedicure, and a 30-minute aromatherapy massage; Feeling Relaxed Package - $70 (Valued at $140) - includes a 45-minute organic hydration facial and a 45-minute Swedish Massage. For reservations, please call 905-882-3121.

Session Handouts

Handouts or PowerPoint speaker notes may have been provided by presenters prior to the conference, where applicable, and have been posted on the conference website at hpcoca.ca. Other conference handouts will be available after the conference - not just the workshops you attended. They will remain posted until July 1, 2015. The handouts are PDF files that require the "Document Open Password" to open and print the file.

THE DOCUMENT OPEN PASSWORD IS HPCO15

Presenter Disclosure of Possible Conflict of Interest and Transparency to Learners

In an effort to ensure proper balance, independence, objectivity and scientific rigor for all educational sessions presented at the conference, speakers have been asked to disclose to the audience any real or apparent conflict of interest that may have a direct bearing on the subject matter. At the start of each session during the conference, presenters will present a three-slide conflict of interest declaration.
Conference Disclaimer

The opinions expressed at the conference in plenary, workshop sessions, oral paper presentations or stated on posters are that of the speaker or author and not of Hospice Palliative Care Ontario (HPCO). HPCO accepts no responsibility for any opinions expressed, advice or information contained in this program, given or otherwise provided at the conference or of the manner in which it might be possible to do so. Conference attendees should rely on their own inquiries before making decisions that touch their own interests. HPCO intends by this statement to exclude liability for any opinions expressed or advice of information.

The conference program is correct at the time of publication. However, Hospice Palliative Care Ontario (HPCO) reserves the right to change dates, times and the program speakers without notice as a result of circumstances beyond its control. While every effort is made to ensure the accuracy of the information contained in this program or provided at the conference, HPCO, its officers, board of directors, employees, volunteers or conference advisory committee members assume no responsibility for its content, use or interpretation.

Hospice Palliative Care Ontario (HPCO) staff and conference management team is not connected or affiliated in any way, nor does HPCO warrant or guarantee the quality or reliability of any information, products or services offered by Exhibitors, Sponsors, Complementary Therapists, or Speakers participating at the conference. In particular, HPCO does not warrant to guarantee the truth or accuracy of any representations, express or implied, made by Exhibitors, nor the merchantability or reliability of any products or services offered by Exhibitors. Accordingly, under no circumstances shall HPCO or its corporate affiliates, and their directors, officers, employees, agents or representatives, be liable for any damages, including indirect, incidental or consequential, arising in any way from information, products or services offered or provided by Exhibitors to attendees.

Privacy

Sponsors and Exhibitors at the conference will receive a list of attendees to provide follow-up communication related to the products and services displayed at the conference. Your email address will not be included in the post-event list provided to exhibitors (unless delegates provide it at the time of registration).

Conference Photography

Pinpoint National Photography will be on-site at the Conference on Sunday, April 19 in the morning to take pictures of June Callwood Circle of Outstanding Volunteers Award Winners, as well as, other photos of the event activities happening at that time. A web page will be created on pinpointnationalphotography.com/hpco by early May where photos can be viewed and downloaded for printing (at no cost). Pinpoint has been our conference photographer for the past three years, and is known for their expertise in capturing high quality and memorable photographs for the Award Winners and participants to enjoy.

HPCO will be sending out an email notice to conference participants once the photos are available.

As a participant at the 2015 Hospice Palliative Care Ontario Conference you are giving permission to HPCO to have your image captured in event photos. These photos may be used by HPCO in conjunction with HPCO conference images and future promotion.
Dress Code and Fragrance Sensitivities

The recommended dress code for the conference is business casual attire with comfortable shoes. The temperature in meeting rooms can vary, so dressing in layers or bringing a sweater with you to the sessions is advised.

HPCO is dedicated to providing a healthy, comfortable and productive conference environment for our delegates. In consideration of those individuals who may have sensitivities to various chemical-based or scented products, we request that you be considerate in the use of products such as perfumes, colognes, hairspray, scented hand lotion, aftershave, and/or similar products.

Sponsors And Exhibitors - Sunday and Monday

Please be sure to visit our Sponsors and Exhibitors during the morning continental breakfasts, refreshment breaks and lunch breaks. The exhibitors are participating on Sunday and Monday only.

Exhibitor Game Card

You received an Exhibitor Game Card in your bag to be stamped by an exhibit booth representative. Drop off completed game card in the draw drum in the Exhibit area. There will be a Grand Prize Draw following closing remarks on Tuesday afternoon for a complimentary registration to next year’s conference. The winner must be present. As always, the continued support of our Sponsors and Exhibitors is appreciated. Everyone is encouraged to visit all of the booths. Our Sponsors and Exhibitors are listed on page 37 of this program.

Oral Papers And Posters

Oral Paper presentations will be taking place on Monday, April 19, and Tuesday, April 20, 7:30 am - 8:45 am in the Richmond A, B, C, D Rooms. Grab an "early bird" breakfast and listen to the authors present their work. A list of the oral papers being presented in each of the series is included on pages 27-31 of this program.

Posters will be located in the foyer outside the Richmond Rooms and will be available for the duration of the conference. Take some time during the breaks to view the posters and to meet the authors. Best Oral Paper and Poster certificates will be presented on Tuesday at the closing luncheon. A list of the posters is included on pages 33-36 of this program.

General Courtesy

To ensure a pleasant experience for all attendees, please respect the following guidelines:

- Sessions will begin on time and the doors to the rooms will be closed once they have started;
- Please silence cell phones, tablets, and other electronic devices during the presentations;
- Name badges must worn at all times to gain access to sessions and for meals.
**About Hospice Palliative Care Ontario**

**HPCO** represents the largest provincial hospice palliative care movement in Canada. Our members include health care organizations, professionals and volunteers providing hospice palliative care throughout Ontario. Our members include nurses, social workers, volunteers, physicians, hospices, physicians, long-term care homes, Community Care Access Centres, home care providers, funeral service organizations, bereavement counsellors, spiritual care providers, occupational therapists, case managers, hospitals, system planners and many more.

**Our Purpose:** We strive for a future where every person in Ontario has access to quality hospice palliative care.

**Our Vision:** To be the unified voice of collaborative, quality hospice palliative care in Ontario.

**Our Mission:** To provide leadership on behalf of our members by informing policy and promoting awareness, education, knowledge transfer and best practices in the pursuit of quality hospice palliative care in Ontario.

**HPCO’s Strategic Priorities**

<table>
<thead>
<tr>
<th>Provide Leadership</th>
<th>Add Value for Members</th>
<th>Ensure Sustainability</th>
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<td>We will represent the interests of our members and the people they serve through constructive engagement with government, coalition partners and other stakeholders. We will promote public policy that advances and supports access to quality hospice palliative care for the people of Ontario, delivered by sustainable organizations, healthcare professionals, and volunteers.</td>
<td>We will strengthen and support our members in the delivery of quality care. We will do this by focusing on needs that are reflected province-wide and we engage members in developing strategies, products, and services to meet their needs. HPCO will be the leader for hospice palliative care standards and education in Ontario.</td>
<td>A sustainable province-wide organization representing all facets of hospice palliative care is essential for the advancement of quality hospice palliative care for the people of Ontario. HPCO will continue to strengthen our organizational capacity through responsive governance, expanded revenue sources, and broader engagement of our members.</td>
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To achieve this we will:

- Proactively identify trends and emerging issues in HPC and advocate for improvements in provincial policy and strategy
- Provide leadership at key provincial tables and structures that guide or impact hospice palliative care
- Work with our provincial partners to improve hospice palliative care delivery and access for all Ontarians and support our members in building hospice palliative care capacity
- Be responsive to the collective needs of our members in support of province-wide priorities
- Provide opportunities for members to actively participate in the work of HPCO
- Provide standards, tools, and processes that help members deliver quality, efficient, client/patient centered hospice palliative care
- Diversify non-government funding sources to support initiatives that advance our vision and mission
- Enhance existing governance culture and practices
- Strengthen organizational capacity by engaging members in the advancement of our mission and vision
Hospice Palliative Care Ontario’s Board of Directors

John Crean, Chair of the Board
Managing Partner
National Public Relations
Toronto

Marg Poling, RN, BScN, PHCNP(c) Past Board Chair
Palliative Pain & Symptom Management Consultant and Northwestern Ontario Client Service Manager for NW CCAC End of Life Care Service
Thunder Bay

Beth Ellis, Secretary of the Board
Executive Director
The Toronto Commandery Hospice
Port Dover and Toronto

Ingrid Robinson, MFAc, CPA, CIA, CRMA, Treasurer
Director, Enterprise Risk Management,
Brookfield Johnson Controls
Markham

Sharon Allen, NP-PHC, MSc(N), CHPCN(C)
Nurse Practitioner-Supportive Care/Pain Management
Hotel Dieu Grace Hospital
Windsor

Royanne Gale
Clinical Practice Manager Palliative Care & Oncology
Clinical Practice, Research & Education Team
CarePartners
Kitchener

Rod Malcolm
Executive Vice President
DHR International
Toronto

Andrea Martin, RN
WW CCAC Senior Director, Patient Services & Chief Nursing Executive
Waterloo Wellington Hospice Palliative Care Network
Kitchener

Theresa Mudge
Executive Director
Algoma Residential Community Hospice
Sault Ste. Marie

Vivian Papaiz, RN, MN, CHPCN(C), CVAA(C), CCHN(C)
Regional Educator, Ontario and Western Region; and National Palliative Lead, VON Canada
Orillia

Rod Seyffert
Consultant, Lawyer and Director
R.W. Seyffert Legal & Consulting Services
Toronto

Gretchen Van Riesen, B.Sc. Mathematics
GVT Consulting
Toronto

If you have an interest in serving on the Board of Directors, please email board@hpco.ca for more information. Elections take place each year at the Annual General Meeting in September.

Follow the Conference on Twitter
@hpcontario and #hpco2015 for updates and announcements
Awards & Scholarships

Hospice Palliative Care Ontario awards and scholarships honour individuals, groups, and organizations for their outstanding contributions to quality hospice palliative care. Every day, thousands of people work and volunteer in hospice palliative care. Compassion, professionalism, dedication and outstanding leadership are the hallmarks of hospice palliative care. Each year HPCO endeavours to recognize the truly exceptional individuals and groups from among the very best health care professionals and volunteers across Ontario.

Awards

The Richard R. Walker Visionary Award is occasionally bestowed by the Board of Directors of HPCO to an individual or organization that has, through their actions, made a significant and exceptional contribution to advance the hospice palliative care movement in Ontario.

The Dorothy Ley Award of Excellence in Hospice Palliative Care is named in honour of the late Dr. Dorothy Ley, one of Canada’s first champions of end-of-life care. She brought a unique individuality to the field of hospice and palliative care, and maintained a highly visible and vocal presence during her distinguished career until her death in 1994. The award is presented annually in recognition of an individual or team effort to advance and improve the quality of hospice care.

The Dr. S. Lawrence Librach Award for Palliative Medicine in the Community throughout his 35 years in palliative care, Dr. Librach was a teacher and mentor, an encouraging and enthusiastic colleague and friend who embraced every opportunity to give of himself, and who consistently inspired others to do the same. The award is bestowed annually to a physician who demonstrates excellence and leadership in palliative care and who advances palliative care in their communities through the mentorship of family physicians.

The June Callwood Award was established in 1995 to acknowledge outstanding hospice volunteers throughout Ontario. The award was named in honour of the late June Callwood, the Award Patron, and long time advocate of hospice, community activist, author and recipient of the Order of Canada. To date, 602 individuals have been inducted into the June Callwood Circle of Outstanding Volunteers.

Scholarships

The Joan Lesmond Scholarship is named in honour of the late Dr. Joan Lesmond RN, an outstanding leader in community-based hospice palliative care and a life-long learner. The award recognizes a community nurse or social worker in the field of palliative care, who demonstrates a commitment to life-long learning and mentorship.

The Frances Montgomery Personal Support Worker Hospice Palliative Care Scholarship This award celebrates Frances Montgomery and her commitment to caring for the dying. It acknowledges the invaluable contribution of Personal Support Workers in providing excellent care for the dying, support for families and loved ones, and helping to move quality hospice palliative care forward in Ontario.

A complete list of past award and scholarship recipients is available at hpc.ca/awards

Our thanks to the following individuals for adjudicating the 2015 award nominations: Sandy Buchman, Russell Goldman, Vivian Papaiz, Marg Poling, Sharon Allen and Carol Derbyshire.
The Conference Team

Planning the conference is a team effort that starts in June of each year and involves many people who volunteer their time to develop an exceptional program. Our thanks to the individuals who helped plan the 2014 conference.

Core Planning Team

Vicki Lejambe, RN, MN *(Co-Chair)*  
Advanced Practice Nurse Consultant,  
Saint Elizabeth

Vivian Papaiz, RN, MN, CHPCN(C), CVAA(C), CCHN(C) *(Co-Chair)*  
Regional Educator, Ontario and Western Region; and  
National Palliative Care Lead for VON Canada

Rick Firth  
President & Chief Executive Officer  
Hospice Palliative Care Ontario

Ingrid Norrish  
Event Planner  
Hospice Palliative Care Ontario

Teresa Sottile  
Program Coordinator  
Hospice Palliative Care Ontario

Paula Neil  
Director of Operations  
Hospice Palliative Care Ontario

Program Advisory Committee

Research, Scientific and Advanced Clinical Practice

Russell Goldman, MD, MPH, CCFP *(Team Co-Lead)*  
Director, Temmy Latner Centre for Palliative Care,  
Mount Sinai Hospital; Assistant Professor, Division of Palliative Care, Department of Family & Community Medicine, University of Toronto, Toronto, ON

Anita Singh, MD, CCFP *(Team Co-Lead)*  
Palliative Care Physician, London Regional Cancer Program, London Health Sciences Centre, London, ON

Dr. Deb Harrold, MD, CCFP  
Family Physician, Palliative Care Consultant  
North Simcoe Muskoka Regional Palliative Care Lead, CCO; Assistant Professor in Family Medicine, Northern Ontario School of Medicine; Hope Huntsville Palliative Care Team, Huntsville, ON

Kelly Hubbard, RN, BScN., MHSc., CHPCN  
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Leadership, Systems, Integration

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Rick Firth
President & CEO
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Hilary Mettam
Lead, Northwestern Ontario EOL Care Network
St. Joseph’s Care Group
Thunder Bay, ON

Volunteer Management

Willi Shillinglaw (Team Lead)
Director of Volunteer & Staff Resources
Philip Aziz Centre
Toronto, ON

Kelly Borg
Director of Hospice Services
Matthews House Hospice
Alliston, ON

Alexandra McKenna
Coordinator of Volunteers
Hospice of Waterloo Region
Kitchener, ON

Rami Shami
Community & Volunteer Services Director
The Dorothy Ley Hospice
Toronto, ON

Poster Judging Team

Dr. Deb Harrold, MD, CCFP
Family Physician, Palliative Care Consultant,
North Simcoe Muskoka Regional Palliative Care Lead,
CCO; Assistant Professor in Family Medicine, Northern
Ontario School of Medicine;
Hope Huntsville Palliative Care Team
Huntsville, ON

Sue Shipley, BScN, RN, CHPCN(C), GNC(C)
Palliative Care Consultant,
Palliative Care Consultation Program, Niagara
St. Catharines, ON
Psychosocial, Spiritual, Bereavement, Complementary Therapy

Eunice Gorman, RN, BSW, MSW, Ph.D (Team Lead)
Dept. of Interdisciplinary Programs (Thanatology),
King’s University College at University of Western Ontario, London, ON

Theresa Greer, BA, BSW, RSW
Executive Director
Heart House Hospice
Mississauga, ON

Kathy Kortes-Miller, MSW, PhD(C)
Research Fellow: Technology Evaluation in the Elderly Network; Board Chair, Hospice Northwest
Thunder Bay, ON

Cindy Webber, RSSW
St. Thomas, ON

Garth Wittich, M.T.S., M.A., B.A.
Spiritual Care Provider, CASC Specialist
Wellington and Southgate Community HPC Team,
Waterloo Wellington CCAC
Guelph, ON

HPCO Conference Onsite Staff Team

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Executive Assistant to Rick Firth

Teresa Sottile
Program Coordinator

Paula Neil
Director of Operations

Annalise Stenekes
Onsite Support

Ingrid Norrish
Event Planner

Marissa Villacorta
Onsite Support

Helen Reilly
Communications Officer

Sue Williams
Conference Volunteer Coordinator

Thanks to the team of practitioners that provided the Complementary Therapy Taster Sessions to keep us relaxed and stress free.

Follow the Conference on Twitter
@hpcontario and #hpco2015 for updates and announcements
Let’s Ride!
Sunday, June 21, 2015

Ride and raise funds for the hospice palliative care organization of your choice!

Working in partnership with HPCO, The Healing Cycle Foundation encourages those within the Ontario hospice palliative care community to come together and participate in the 11th annual Healing Cycle Ride on Sunday, June 21, 2015 in Caledon. Let’s raise funds and make an impact – together.

Register to ride on behalf of your hospice palliative care organization, or join another organization’s team such as HPCO’s team.

- 85% of the funds raised by your team goes directly to your organization. (The other 15% is used to off-set the cost of organizing the event).
- The Healing Cycle Foundation has raised $2,200,000 in support of hospice palliative care and has assisted 75 hospice palliative care organizations in Ontario.
- 600 riders and 500 volunteers came together to raise $350,000 at the 2014 Healing Cycle Ride.
- The Healing Cycle Ride is a one-day cycling event for non-athletes, cycling enthusiasts and everyone in between. Ride distances include 10km, 25km, 50km and 100km. Those who want to raise funds but don’t ride a bike, can register as Sidekicks.
- Captains register their teams online at thehealingcycle.ca and invite others to join their teams and fundraise. Anyone is eligible to join the team – staff, volunteers, friends, family and children.
- The cost to register is $65 per adult, $45 for children and $30 for Sidekicks. (Late registration fees apply from June 1st onwards).
- The Road Support Crew provides full roadside assistance. Stops along the routes allow riders to rest, re-fuel and re-energize. Riders return to a celebratory finish, barbecue festivities with presentations to recognize participants, volunteers and winners of the Team Challenge.
- Out of town? Come and stay for the weekend and enjoy our hotel package discount.
- Questions? Email Heather Campbell at heather@thehealingcycle.ca.

Sumac is the easiest, most customizable and cost-effective software for managing non-profit data.

HPCO member organizations receive significant discounts on Sumac’s contact relationship management (CRM) solution

sales@sumac.com  www.sumac.com
## Sunday, April 19, 2015

### Conference At-A-Glance

**(LL) = Lower Conference Level**

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<td>Registration, Continental Breakfast</td>
<td>Grand York Ballroom &amp; Thornhill Foyers</td>
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<td>• Sponsor/Exhibitor Showcase Opens</td>
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<td>9:30 - 9:45 am</td>
<td>Welcome Remarks</td>
<td>Grand York Ballroom</td>
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<td>9:45 - 10:45 am</td>
<td><strong>Opening Plenary Presentation:</strong></td>
<td>Grand York Ballroom</td>
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<tr>
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<td>Public Health Approaches to End-of-Life Care:</td>
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<td>Creating Compassionate Communities</td>
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<td>• Dr. Allan Kellehear</td>
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<tr>
<td>10:45 - 11:00 am</td>
<td>Stretch Break</td>
<td>Grand York Ballroom Foyer</td>
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<td>11:00 - 11:45 am</td>
<td><strong>June Callwood Awards Ceremony</strong></td>
<td>Grand York Ballroom</td>
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<td>11:45 - 1:00 pm</td>
<td>&quot;Exhibit Showcase&quot; &amp; Luncheon Buffet</td>
<td>Grand York Ballroom Foyer</td>
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<td><strong>1:00 - 2:15 pm</strong></td>
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<td>LDP</td>
<td>Can Advance Care Plans be More Like Bicycle Helmets?</td>
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<td>• Nanci Corrigan, Louise Hanvey</td>
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<td>102</td>
<td>LDP</td>
<td>Six Nations Palliative Care Shared Care Outreach Teams</td>
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<td></td>
<td>• Lori Monture, Verna Fruch, Cheryl Moore, Dr. Mary Lou Kelley</td>
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<tr>
<td>103</td>
<td>LDP</td>
<td>Tyze: An Online Tool That Helps People Care for Others</td>
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<tr>
<td></td>
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<td>• Vicki Lejambe, Paul Holyoke</td>
</tr>
<tr>
<td>104</td>
<td>LDP</td>
<td>Addressing the Palliative Care Needs of the Marginalized: PEACH (Palliative Education and Care for the Homeless)</td>
</tr>
<tr>
<td></td>
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<td>• Dr. Naheed Dosani, Anton Nikouline</td>
</tr>
<tr>
<td>105</td>
<td>CLN</td>
<td>E-Learning Doodles, Snippets, Mindmaps and Apps: Keeping Up with the Next Generation</td>
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<td>• Dr. José Pereira, Kathryn Downer, Brady Riordan</td>
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<tr>
<td>106</td>
<td>CLN</td>
<td>On Track and Off-Label: An Approach for Effective and Safe Off-Label Prescribing in Palliative Care</td>
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<td></td>
<td></td>
<td>• Dr. Ahmed Al-Awamer, Rachel Whitty, Amanda Jacques</td>
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<tr>
<td>107</td>
<td>CLN</td>
<td>Adjuvant Medications - When Opioids Alone Are Not Handling The Pain</td>
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<tr>
<td></td>
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<td>• Jennifer Land, Wendy May</td>
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<tr>
<td>108</td>
<td>PSBCT</td>
<td>Addressing Compassion Fatigue: Managing Grief and Loss Amongst Healthcare Professionals</td>
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<td>• Dr. Mary Jane Esplen, Jiahui Wong</td>
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<tr>
<td>109</td>
<td>PSBCT</td>
<td>Speaking the Unspeakable: Conversation with Death and Dying in Mind</td>
</tr>
<tr>
<td></td>
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<td>• Olga Nikolajev</td>
</tr>
</tbody>
</table>
## Sunday, April 19, 2015  Conference At-A-Glance  (LL) = Lower Conference Level

### 1:00 - 2:15 pm  CONCURRENT WORKSHOP SESSIONS - SERIES 100 (Cont’d)

<table>
<thead>
<tr>
<th>Session #</th>
<th>Stream</th>
<th>Session Title and Speaker</th>
<th>Location</th>
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</thead>
</table>
| 110       | VOL    | Developing Volunteer Leadership and Engagement Through Volunteer Education  
- *Lisa Allen* | Richmond D |
| 111       | VOL    | Talking About Death Won’t Kill You: Introducing "Die-alogues", A Hospice Northwest Initiatives  
- *Kathy Kortes-Miller* | Aurora (LL) |

### 2:15 - 2:45 pm  Refreshment Break  SPONSORED BY THE SHERATON PARKWAY TORONTO NORTH HOTEL & CONVENTION CENTRE  
- Sponsor/Exhibitor Showcase & Posters  
  Grand York Ballroom & Thornhill Foyers

### 2:45 - 4:00 pm  CONCURRENT WORKSHOP SESSIONS - SERIES 200

<table>
<thead>
<tr>
<th>Session #</th>
<th>Stream</th>
<th>Session Title and Speaker</th>
<th>Location</th>
</tr>
</thead>
</table>
| 201       | LDP    | A Pilot Project with Patients with Progressive Life Limiting Disease, Aimed at Reducing Hospital Admissions, Exploring the Feasibility of New and Sustainable Chronic Disease Management Strategies  
- *Geoff Straw, Beth Dube, Anne Pizzacalla* | Vaughan West (LL) |
| 202       | LDP    | The Other 112 Hours: Engaging Supportive Communities to Provide Hospice Palliative Care  
- *Amy Pritzker, Sandra Dunham* | Markham (LL) |
| 203       | LDP    | Delicious and Digestible: New Curriculum Designed to Help Personal Support Workers Provide Excellent Care for the Dying and Their Families  
- *Katherine Murray* | King City (LL) |
| 204       | LDP    | Capturing the Care Experience in Residential Hospices in Ontario: Recent Results from the CaregiverVoice Project  
- *Daryl Bainbridge, Erin O’Leary* | Richmond C |
| 205       | CLN    | The Power to Choose: Two First Nations Describe Their Experience Developing Community Palliative Care Programs  
- *Holly Prince, Mary Lou Kelley, Maxine Crow, Lori Monture, Verna Fruch* | Richmond A |
| 206       | CLN    | Advance Care Planning for Patients with Non-Cancer Illnesses  
- *Dr. James Downar* | Thornhill SESSION FULL |
- *Tammy Pollard, Zara Rose* | Stouffville (LL) |
| 208       | PSBCT  | Remembering - Reflecting - Recovering - Reinvesting: The Art and Skill of Providing Individual and Team Debriefing, A New Approach  
- *Eugene Dufour* | Vaughan East (LL) SESSION FULL |

Follow the Conference on Twitter  
[@hpcontario and #hpco2015 for updates and announcements]
### Sunday, April 19, 2015

**Conference At-A-Glance**  
(LL) = Lower Conference Level

<table>
<thead>
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<th>2:45 - 4:00 pm</th>
<th>CONCURRENT WORKSHOP SESSIONS - SERIES 200 (Cont’d)</th>
<th>Location</th>
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<tbody>
<tr>
<td><strong>Session #</strong></td>
<td><strong>Stream</strong></td>
<td><strong>Session Title and Speaker</strong></td>
</tr>
</tbody>
</table>
| 209 | PSBCT | Complementary Therapy - What's the Evidence for Naturopathic Medicines in Palliative Care?  
   - *Rachel Whitty, Dr. Ernie Mak* | Richmond B |
   - *Amanda Maragos* | Richmond D |
| 211 | VOL | "Die-alogues on Steroids"  
   - *Kathy Kortes-Miller* | Aurora (LL) |

| 4:15 - 5:15 pm | **The Carmelita Lawlor Lecture:** Ready or Not....Palliative Care in Ontario - Will We Brace For, or Embrace, Change?  
   - *Dr. Denise Marshall* | Grand York Ballroom |
| 5:30 pm - 8:00 pm | **OMA Section on Palliative Care AGM**  
   *(Meeting Open to OMA Member Physicians Only)*. | Markham (LL) |

### Monday, April 20, 2015

**Conference At-A-Glance**  
(LL) = Lower Conference Level

<table>
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<tr>
<th><strong>Times</strong></th>
<th><strong>MONDAY, APRIL 20, 2015</strong></th>
<th><strong>Location</strong></th>
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<tbody>
<tr>
<td>7:15 am</td>
<td>&quot;Early bird&quot; Continental Breakfast Available</td>
<td>Richmond Ballroom Foyer</td>
</tr>
</tbody>
</table>
| 7:30 - 8:45 am | **ORAL PAPER PRESENTATIONS:** *(see pgs. 27-29 for the list of papers)*  
   Oral Papers: Series 1 | Richmond A |
| 7:30 - 8:45 am | Oral Papers: Series 2 | Richmond B |
| 7:30 - 8:45 am | Oral Papers: Series 3 | Richmond C |
| 7:30 - 8:45 am | Oral Papers: Series 4 | Richmond D |
| 7:30 - 8:45 am | • Registration & Continental Breakfast  
   • Sponsor/Exhibitor Showcase and Posters | Grand York Ballroom & Thornhill Foyers |
| 8:50 - 9:15 am | Welcome Remarks | Grand York Ballroom |
| 9:15 - 10:15 am | **Plenary Presentation:** Improving Patient Experience at End of Life  
   - *Jennie Pickard* | Grand York Ballroom |
| 10:15 - 10:45 am | Refreshment Break  
   **SPONSORED BY PARAMED HOME HEALTH CARE**  
   • Sponsor/Exhibitor Showcase and Posters | Grand York Ballroom & Thornhill Foyers |
### Monday, April 20, 2015  
**Conference At-A-Glance**  
(LL) = Lower Conference Level

**10:45 am- 12:00 pm**  
**CONCURRENT WORKSHOP SESSIONS - SERIES 300**  
**Location**

<table>
<thead>
<tr>
<th>Session #</th>
<th>Stream</th>
<th>Session Title and Speaker</th>
<th>Location</th>
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</thead>
</table>
| 301       | LDP    | Strengthening Palliative Care in Long Term Care (LTC): Early Lessons from a National Pilot Project  
- Amie Vahrmeyer, Paula Neves, Deborah Rimay, Linda Gray | Thornhill |
| 302       | LDP    | Engaging Stakeholders in Journey Mapping: Creating and Implementing a Palliative Care Pathway for Clients Living in Naotkamegwaning First Nation (Part 1)  
- Maxine Crow, Mary Lou Kelley, Jessica Koski | Markham (LL) |
| 303       | LDP    | Expert Palliative Care Team - Family Health Team Style - The Huntsville Experience  
- Norma Connolly, Dr. Deb Harrold, Dr. Pam McDermott, Susan McGee | Richmond A |
| 304       | CLN    | Palliative Care in Advanced Heart, Lung and Kidney Disease (Part 1)  
- Dr. Kirsten Wentlandt, Dr. Ebru Kaya, Dr. Valerie Caraiscos | Vaughan East (LL)  
**SESSION FULL** |
| 305       | CLN    | A National Approach to Palliative Care Education: Building a Harmonized Suite of Courses Across the Continuum of Care - Lego Style  
- Kathryn Downer, Dr. José Pereira, Nathalie Gravelle-Ray | Richmond B |
| 306       | CLN    | "Joint" Ventures in Palliative Care - The "Weed" Deed  
- Dr. Vincent Maida | Aurora (LL) |
| 307       | PSBCT  | Organizational-Level Promising Practices to Supporting the Delivery of Spiritual Care in Hospice Palliative Care: Applying Evidence from Hospice Organizations Founded on Spiritual/Religious Traditions to More Secular Organizations  
- Dr. Paul Holyoke, Dr. Barry Stephensen | Richmond D  
**SESSION FULL** |
| 308       | PSBCT  | Moving Stories - Improvisational Techniques to Help Professional Caregivers Process Emotions Related to End of Life Care Experiences (Part 1)  
- Jan Pearce, Jack Langenhuizen | King City (LL)  
**SESSION FULL** |
| 309       | VOL    | HPCO's Accreditation Framework for Visiting Hospice Services (Part 1)  
- Annalise Stenekes | Richmond C |
| 310       | IN     | Public Health Approaches to End-of-Life Care: Ideas into Practice  
- Dr. Allan Kellehear | Vaughan West (LL) |

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Follow the Conference on Twitter  
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### Monday, April 20, 2015  |  Conference At-A-Glance  |  (LL) = Lower Conference Level

#### Times  |  Location  
|  |  
| 12:00 - 1:15 pm  |  Luncheon Buffet & Awards Presentations  
|  |  - Exhibit Showcase  
| 1:15 – 2:45 pm  |  Plenary Session - HIT (Healthcare, Innovation & Technology) Talks  
|  |  - Keep Calm and Discuss Death, Kathy Kortes-Miller  
|  |  - Universal Palliative Care, Ted Ball  
|  |  - IMAGINE: Using Music in Hospice Palliative Care, Sarah Pearson  
| 2:45 - 3:15 pm  |  Refreshment Break - SPONSORED BY BROKERLINK  
|  |  - Sponsor/Exhibitor Showcase and Posters  

#### 3:15 – 4:30 pm  |  CONCURRENT WORKSHOP SESSIONS - SERIES 400  
|  |  
| Session #  |  Stream  |  Session Title and Speaker  |  Location  
| 401  |  LDP  |  Creating a Cross-Sector Integrated System of Hospice Palliative Care: The Experience of One Mid-Size Community in Ontario  
|  |  |  - Cindy Stokes, Ann Brignell, Terri Pask, Natasha St. Louis, Maura Purdon, Sandy Nicholson  
| 402  |  LDP  |  How to Build Quality Hospice Palliative Care in the Community: Learn from the experts!  
|  |  |  - Daryl Bainbridge (Moderator), 4 Experts Panel Members: Dr. Bob Sauls, Susan King, Maryse Bouvette, Donna Logan  
| 403  |  LDP  |  Engaging Stakeholders in Journey Mapping: Creating and Implementing a Palliative Care Pathway for Clients Living in Naotkamegwanning First Nation (Part 2)  
|  |  |  - Maxine Crow, Mary Lou Kelley, Jessica Koski  
| 404  |  LDP  |  Leading Versus Managing: Identifying Your Potential and Creating a Plan for Success, Today, Tomorrow and for the Future  
|  |  |  - Fr. Matthew Durham, Hana Irving  
| 405  |  CLN  |  Palliative Care in Advanced Heart, Lung and Kidney Disease (Pt 2)  
|  |  |  - Dr. Kirsten Wentlandt, Dr. Ebru Kaya, Dr. Valerie Caraiscos  
| 406  |  CLN  |  The Difficult Facets of Advanced Care Planning: How to Have These Conversations with Sensitivity  
|  |  |  - Sharon Reynolds  
| 407  |  CLN  |  Prescription Opioid Abuse is a Palliative Condition That is Killing Our Youth: Where do we go From Here?  
|  |  |  - Dr. Sharon Koivu  
| 408  |  PSBCT  |  Giving Voice to Our Stories: Music Therapy for Health Care Professionals  
|  |  |  - Sarah Pearson  
| 409  |  PSBCT  |  Moving Stories - Improvisational Techniques to Help Professional Caregivers Process Emotions Related to End of Life Care Experiences (Part 2)  
|  |  |  - Jan Pearce, Jack Langenhuizen  

### Additional Information
- **LL** = Lower Conference Level
### Monday, April 20, 2015  Conference At-A-Glance  (LL) = Lower Conference Level

<table>
<thead>
<tr>
<th>3:15 – 4:30 pm</th>
<th>CONCURRENT WORKSHOP SESSIONS - SERIES 400</th>
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<tbody>
<tr>
<td><strong>Session #</strong></td>
<td><strong>Stream</strong></td>
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</tbody>
</table>
| 410 | VOL | HPCO's Accreditation Framework for Visiting Hospice Services (Part 2)  
  - Annalise Stenekes | Richmond C |
| 411 | VOL | Caring for Yourself When You Care For Others  
  - Michelle O'Rourke | Richmond D |
| 6:00 – 7:00 pm | Pre-Dinner Reception | Grand York Ballroom Foyer |
| 7:00 – 8:45 pm | Banquet Dinner & Awards Presentations  
 **Entertainment: Jamie Williams One Man Band Extraordinaire!** | Grand York Ballroom |
| 8:45 - 10:30 pm | Banquet Dinner & Awards Presentations  
 **Entertainment: Jamie Williams One Man Band Extraordinaire!**  
 **RECEPTION AND ENTERTAINMENT SPONSORED BY REGISTERED PRACTICAL NURSES ASSOCIATION OF ONTARIO (RPNAO)** | Grand York Ballroom |

### Tuesday, April 21, 2015  Conference At-A-Glance  (LL) = Lower Conference Level

<table>
<thead>
<tr>
<th>Times</th>
<th>Location</th>
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</table>
| 7:15 am | "Early bird" Continental Breakfast Available  
 Richmond Ballroom Foyer |
| 7:30 - 8:45 am | ORAL PAPER PRESENTATIONS:  
 (see pgs. 29-31 for the list of papers)  
 **Oral Papers: Series 5**  
 **Oral Papers: Series 6**  
 **Oral Papers: Series 7**  
 **Oral Papers: Series 8** | Richmond A  
 Richmond B  
 Richmond C  
 Richmond D |
| 7:30 - 8:45 am | Registration & Continental Breakfast  
 - Posters | Grand York Ballroom & Thornhill Foyers |
| 9:00 – 10:00 am | Welcome Remarks & Plenary Presentation:  
 Late Stage Dementia: Promoting Comfort and Compassion During End-of-Life Care  
 - Dr. Michael Gordon | Grand York Ballroom |
| 10:00 – 10:30 am | Refreshment Break | Grand York Ballroom & Thornhill Foyers |
| 10:30 – 11:45 am | CONCURRENT WORKSHOP SESSIONS - SERIES 500 |
| **Session #** | **Stream** | **Session Title and Speaker** | **Location** |
| 501 | LDP | eShift - An Innovative Approach to Providing Nursing Care in the Community Through the Use of Technology  
 - Heather Nicolson-Morrison, Charlotte Koso, Patrick Blanshard | Richmond A |
### Tuesday, April 21, 2015

#### Conference At-A-Glance

**LL** = Lower Conference Level

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<th>Time</th>
<th>Session</th>
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<td>10:30 am - 11:45 am</td>
<td><strong>CONCURRENT WORKSHOP SESSIONS - SERIES 500 (Cont'd)</strong></td>
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| 502 | LDP | Provincial Hospice Palliative Care Home Based Nurse Practitioner Program: Supporting Patients to Live with Dignity and Comfort at Home  
  - Janet Legge McMullan, James Mastin, Heather Elliott, Heebah Sultan | Richmond B |
| 503 | LDP | Taking the Next Steps in Workplace Psychological Health and Safety  
  - Carolyn James | Stouffville (LL) |
| 504 | LDP | What’s the Goal of Care? How to Take Care of our Vulnerable Seniors Living in Long-Term Care Homes and our Healthcare System  
  - Dr. Michelle Grinman, Dr. Irene Ying | Vaughan East (LL) |
| 505 | CLN | I Keep Shining: Looking at Resilience Through the Voices of Healthcare Providers in the Field of Palliative Care  
  - Nadine Persaud | Richmond C |
| 506 | CLN | The Grief Experiences of Personal Support Workers and Nurses  
  - Vicki Lejambe, Paul Holyoke | Aurora (LL) |
| 507 | CLN | Enhanced End-of-Life Care Decision Making (EELCD): Furthering Communication Flow and Patient and Caregiver Satisfaction in the Hospital Setting  
  - Dr. José Pereira, Christine Welsh | Thornhill |
| 508 | PSBCT | What About Us? A Kids Anticipatory Grief and Bereavement Collaborative  
  - Jodi Pereira, Barbara Pidcock, Andrea Warnick, Barry R. Ashpole | Richmond D |
| 509 | PSBCT | How To Train in Self Compassion: Compassion as a Core Competency in EOL Care  
  - Rev. Andrew Blake, Anton Vermunt | Vaughan West (LL) |
| 510 | VOL | Workplace Health and Safety for the Volunteer Sector  
  - Carolyn Cuthbertson | Markham (LL) |
| 11:45 am - 1:00 pm | Luncheon Buffet | Grand York Ballroom Foyer |
| 1:00 pm – 1:45 pm | Best Oral Paper/Poster Presentations | Grand York Ballroom |
|  | Closing Plenary Presentation: Mount Fuji – The Fool Climbs it Twice  
  - Paul Huschilt | |
| 1:45 pm – 2:00 pm | Closing Remarks and Draw Prizes | |
| 2:00 p.m. | Adjournment | |
## Series 1

### Paper 1
**A RURAL APPROACH**

Karen Wagner, RN CCHPCN, Program Coordinator, Madawaska Valley Hospice Palliative Care; Lisa Hubers, Project Manager Madawaska Valley Hospice Palliative Care

### Paper 2
**BREAKING DOWN THE WALLS - THE REBUILD OF A PALLIATIVE CARE TEAM ONE BRICK AT A TIME**

Martha Karn, RN, CHPCN, CONC, Palliative Care Coordinator, Grand River Regional Cancer Centre; Ann Phillips, RN, Palliative Care Coordinator; Grand River Regional Cancer Centre; Maureen Watt-Smit, RN, Education Practice Lead Oncology Program, Grand River Regional Cancer Centre, Kitchener, ON

### Paper 3
**IMPLEMENTATION OF AN INPATIENT PALLIATIVE CARE RM&R PROJECT: STREAMLINING PCU BED REFERRAL**

Christina Tang, M.Sc, PMP, Senior Project Manager, Resource Matching and Referral - PMO, Shared Information Management Services, University Health Network, Toronto, ON; Kendyl Dobbin, Palliative Care Lead, Toronto Central LHIN, Toronto, ON; Susana Hsu, eHealth Consultant, Toronto Central LHIN, Toronto, ON; Kirsten Wentlandt, PhD, MHSci, MD, CCFP, Palliative Care Physician, Toronto General Hospital, University Health Network; Assistant Professor, University of Toronto, Toronto, ON

## Series 2

### Paper 1
**MUSIC THERAPY AS IMPROVISED SACRED RITUAL: TWO CASE STUDIES OF MUSIC THERAPY IN INPATIENT ONCOLOGY**

Sarah Pearson, MMT, Music Therapist, Grand River Hospital, Oncology Program, Kitchener, ON; Clinical Supervisor, Wilfrid Laurier University; Educational Program Developer, Room 217 Foundation

### Paper 2
**NAVIGATING THE CATHEXIS: MOTHERS AND DAUGHTERS AND END OF LIFE**

Dr. Pamela Grassau, Research Manager of Education, Bruyère Research Institute, Palliative Care Research and Education, Ottawa, ON; Tara Tucker, MD, FRCPC, MEd, University of Ottawa, Division of Palliative Care, Ottawa, ON; Shauna Daly, MA (Can), Bruyère Research Institute, Palliative Care Research and Education, Ottawa, ON; Joni Feldman, MSW, RSW, Hospice Care Ottawa, Ottawa, ON; Lisa Shishis, RN, Hospice Care Ottawa, Ottawa, Ontario

### Paper 3
**THE EMOTIONAL TOLL OF PROFESSIONAL CARING: MITIGATING AND MANAGING COMPASSION FATIGUE IN MEDICAL AND NURSING STUDENTS**

Dr. Tara Tucker, MD, FRCPC, MEd, Palliative Care Physician, University of Ottawa, Division of Palliative Care; Assistant Professor, University of Ottawa, Ottawa, ON; Maryse Bouvette, RN, APN, Bruyère Continuing Care, Ottawa, ON; Shauna Daly, MA (Can) Bruyère Research Institute, Palliative Care Education and Research, Ottawa, ON; Pamela Grassau, PhD, MSW Bruyère Research Institute, Palliative Care Education and Research, Ottawa, ON
### ORAL PAPER PRESENTATIONS

**Monday, April 20, 2015**

#### Series 3

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<th>Paper 1</th>
<th>A POPULATION-BASED EXAMINATION OF INTERVENTIONS NEAR THE END-OF-LIFE AND THEIR EFFECT ON LOCATION OF DEATH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sarah Beach, Research Assistant, Ottawa Hospital Research Institute; Peter Tanuseputro, MD, MHSc, Bruyère Research Institute, Bruyère Centre of Learning, Research and Innovation in Long-Term Care, Ottawa, ON; Ottawa Hospital Research Institute, Clinical Epidemiology Program, Ottawa, ON; Mathieu Chalifoux, MSc, Institute for Clinical Evaluative Sciences, Population Health and Primary Care, Ottawa, ON; Douglas Manuel, MD, MSc, Ottawa Hospital Research Institute, Clinical Epidemiology Program, Ottawa, ON, Institute for Clinical Evaluative Sciences, Population Health and Primary Care, Ottawa, ON</td>
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<table>
<thead>
<tr>
<th>Paper 2</th>
<th>PLACES OF CARE: A POPULATION BASED EXAMINATION OF PREDICTORS TO WHERE PEOPLE SPEND THEIR LAST DAYS OF LIFE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Peter Tanuseputro, Research Fellow, Bruyère Research Institute, Bruyère Centre of Learning, Research and Innovation in Long-Term Care, Ottawa, ON; Sarah Beach, MSc, Ottawa Hospital Research Institute, Clinical Epidemiology Program, Ottawa, ON; Mathieu Chalifoux, MSc, Institute for Clinical Evaluative Sciences, Population Health and Primary Care, Ottawa, ON; Hsien Seow, PhD, Department of Oncology, McMaster University, Hamilton, ON; Douglas Manuel, MD, MSc, Ottawa Hospital Research Institute, Clinical Epidemiology Program, Ottawa, ON, Institute for Clinical Evaluative Sciences, Population Health and Primary Care, Ottawa, ON</td>
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<tr>
<th>Paper 3</th>
<th>DISTRIBUTION AND UTILIZATION OF PALLIATIVE CARE ACROSS ONTARIO’S HEALTH CARE SETTINGS: A RETROSPECTIVE COHORT STUDY</th>
</tr>
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<tbody>
<tr>
<td>Suman Budhwani, PhD Student, Institute of Health Policy, Management &amp; Evaluation, University of Toronto, Toronto, ON; Dr. Peter Tanuseputro, Post-Doctoral Research Fellow, HSPRN, Ottawa Health Research Institute, Ottawa, ON; Yu Qing Bai, Research Associate, HSPRN, IHPME, University of Toronto, Toronto, ON; Dr. Walter Wodchis, Principal Investigator, HSPRN, IHPME, University of Toronto, Toronto, ON</td>
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#### Series 4

<table>
<thead>
<tr>
<th>Paper 1</th>
<th>A CASE REPORT OF THE USE OF CONTINUOUS OUTPATIENT SUPPORT WITH INOTROPES (COSI) IN REFRACTORY END-STAGE HEART FAILURE IN THE HOSPICE AND HOME SETTING IN TORONTO: HOW CAN MORE END STAGE HEART FAILURE PATIENTS RECEIVE CARE IN THE HOME?</th>
</tr>
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<tbody>
<tr>
<td>Dr. Christa Jeney, Medical Staff, Dorothy Ley Hospice Community Physicians, Dorothy Ley Hospice, Toronto, ON; Mary Keeber, RN, Nursing Manager, Dorothy Ley Hospice, Toronto, ON; Mary Anne Huggins, MD, MHSc (Bioethics),CCFP, Medical Director, Dorothy Ley Hospice, Toronto, ON; Andrea Weiss, MD, MSc, CCFP, Palliative Care, Toronto General Hospital, University Health Network, Toronto, ON; Barbara Wilson-Rymer, Rph, Pharmacy Manager, Calea, Mississauga, ON; Susan Savioe, Clinical Support Specialist, Education and Infection Control, Calea, Mississauga, ON; Heather Ross, MD, MHSc, FRCPc, FACC, Ted Rogers and Family Chair in Heart Function, Professor of Medicine, Director of Ted Rogers Centre of Excellence in Heart Function, PMCC, Medical Director of Cardiac Transplant Program, Toronto General Hospital, University Health Network, Toronto, ON</td>
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### ORAL PAPER PRESENTATIONS

**Monday, April 20, 2015**

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<tr>
<td><strong>Paper 2</strong></td>
</tr>
<tr>
<td><strong>DETERMINANTS OF HOME DEATH IN CANCER PATIENTS, A POPULATION-BASED STUDY IN ONTARIO, CANADA</strong></td>
</tr>
</tbody>
</table>
| **Dr. Hamid Raziee**, Radiation Oncology Resident, University of Toronto, Toronto, ON;  
**Refik Saskin**, MS, BS. Staff Scientist and Lead Analyst, Institute for Clinical Evaluative Sciences (ICES), Toronto, ON;  
**Lisa Barbera**, MD, MPA, Associate Professor, Department of Radiation Oncology, University of Toronto, Senior Scientist, Evaluative Clinical Sciences, Odette Cancer Research Program, Sunnybrook Research Institute, Toronto, ON |

| **Paper 3**       |
| **INTRODUCTION OF THE HEART FAILURE PALLIATIVE APPROACH TO CARE POCKET GUIDE FOR NURSES: A PILOT STUDY** |
| **Matthew Bui**, RN, BScKin, BScN, MScN Candidate, McMaster University School of Nursing, Hamilton, ON;  
**Cathy Joy**, RN, BScN, CHPCN(C), HPC Consultation Services Waterloo Region;  
**Judy White**, RN(EC), MScN NP, St. Joseph’s Health Care London;  
**Jeaninne Costigan**, RN, CHPCN(C), School of Nursing, UBC;  
**Nancy Carter**, RN, PhD, Assistant Professor, School of Nursing, McMaster University;  
**Patricia H Strachan**, Senior Author, RN, PhD, Associate Professor, School of Nursing, McMaster University |

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**Tuesday, April 21, 2015**

<table>
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<tr>
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<tbody>
<tr>
<td><strong>Paper 1</strong></td>
</tr>
<tr>
<td><strong>THE “BEST WAY TO PRACTICE” COMMUNITY PALLIATIVE CARE? AN ETHICS VIEW</strong></td>
</tr>
</tbody>
</table>
| **Dr. Christopher De Bono**, PhD, Ethicist, Toronto Central CCAC (TC CCAC), Toronto, ON;  
**Enrique Saenz**, MD, BHA, Toronto Central Community Care Access Centre (TC CCAC) |

| **Paper 2** |
| **TO WHAT EXTENT DO FAMILY PRACTICES PROVIDE PALLIATIVE AND END-OF-LIFE CARE IN ONTARIO?** |
| **Dr. Sara Urowitz**, Manager, Palliative Care, Cancer Care Ontario;  
**Tara Walton**, MPH, BSc Hons., Cancer Care Ontario;  
**Sandy Buchanan**, BA, MD, CCFP, FCFP, Cancer Care Ontario, The Temmy Latner Centre for Palliative Care;  
**Marnie McKinnon**, BSc, Cancer Care Ontario;  
**Dr. José Pereira**, MBChB, DA, CCFP, MSc, Medical Chief, Palliative Medicine, Bruyère Continuing Care and The Ottawa Hospital, Ottawa, ON |

| **Paper 3** |
| **“THE VITAL FEW”: IDENTIFYING STANDARD QUALITY INDICATORS FOR PALLIATIVE CARE IN ONTARIO** |
| **James Meloche**, PhD, Senior Director, System Design & Implementation, Central East LHIN (Hospice Palliative Care Data and Performance Working Group, Central East LHIN);  
**Sara Urowitz**, PhD (Hospice Palliative Care Data and Performance Working Group, Cancer Care Ontario);  
**Lauren Chitra**, MPA (Hospice Palliative Care Data and Performance Working Group, Central East LHIN);  
**Victoria Zwicker**, MPH (Hospice Palliative Care Data and Performance Working Group, Cancer Care Ontario) |
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<td>Kathryn Downer, MSc, EdD, National Director, Pallium Canada, Ottawa, ON; Dr. José Pereira, MBChB, DA, CCFP, MSc., Scientific Officer, Co-Founder, Pallium Canada; Professor and Head, Division of Palliative Care, Department of Medicine, University of Ottawa; Medical Chief, Department of Palliative Medicine, Bruyère Continuing Care and The Ottawa Hospital; Medical Lead, The Champlain Regional Hospice Palliative Care Program, Ottawa, ON</td>
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Kimberly Ramsbottom, MSW, Research Curriculum Developer, Lakehead University, Thunder Bay, ON; Verna Fruch, Community Facilitator, Six Nations of the Grand River Territory, CERAH, Lakehead University; Jill Marcella, MSW, Community Mobilization Specialist, CERAH, Lakehead University; Holly Prince, MSW, Research Project Manager, CERAH, Lakehead University; Dr. Mary Lou Kelley, MSW, PhD, Lakehead University, Thunder Bay, ON

| 17       | PALLIATIVE CARE: A RESOURCE FOR PATIENTS AND FAMILIES |

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PUBLIC SERVICES HEALTH & SAFETY ASSOCIATION

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Contact:
Penny Ebanks, Event Coordinator 416-250-2126
Public Services Health & Safety Association pebanks@pshsa.ca
4950 Yonge Street, Suite 902, Toronto, ON M2N 6K1 pshsa.ca

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**Contact:**

Christina Filazzola, Marketing Support Coordinator  
Qualicare Family Homecare  
3910 Bathurst St., Suite 404, Toronto, ON  M3H 5Z3  
416-630-0202  
cfilazzola@qualicare.com  
qualicare.com

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**REGISTERED PRACTICAL NURSES ASSOCIATION OF ONTARIO (RPNAO)**

RPNAO is the professional expert advocacy voice for RPNs in Ontario. The Association provides Professional Liability to the membership, career supports, and post graduate education opportunities. RPNAO supports the membership by recognizing excellence in nursing practice, supporting student practical nurses and through specialty interest groups. RPNAO administers the Nursing Education Funding from the Ministry of Health. RPNAO also supports the Clinical Fellowship Program for RPNs.

Contact:

Gabrielle Bridle, Career Advisor  
Registered Practical Nurses Association of Ontario  
5025 Orbitor Dr., Bldg. 4, Suite 200,  
Mississauga, ON L4W 4Y5  
905-602-4664 Ext. 225  
gbridle@rpnao.org  
rpnao.org

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**ROOM 217 FOUNDATION**

The Room 217 Foundation is a not-for-profit corporation and registered Canadian charity dedicated to caring for the whole person with music. Room 217 produces and delivers therapeutic music resources, provides skills and training for integrating music into care, gets music care resources to people who need them most and supports music care research. Visit room217.ca

Contact:

Deb Bartlett, Revenue Development Co-ordinator  
Room 217 Foundation  
Box 145, Port Perry, ON  L9L 1A2  
905-852-2499  
dbartlett@room217.ca  
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Contact:

Vicki Lejambe
Advanced Practice Consultant - Oncology & Palliative Care
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Markham, ON L3R 6H3
416-906-2722
vlejambe@saintelizabeth.com
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Contact:

Diane Kirkpatrick, National Sales Manager
SensoryOne
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705-791-5357
diane@sensoryone.com
sensoryone.com

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Contact:

Leslie Sorensen, Director Organizational Development
Spectrum Health Care
2 Bloor St. East, Suite 1200, Toronto, ON M4W 1A8
416-964-0322 Ext. 2222
leslie@spectrumhealthcare.com
spectrumhealthcare.com

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Contact:

Meaghan McKay, Sales
Sumac
675 King St. West, Toronto, ON  M5V 1M9
416-504-8724
sales@sumac.com
sumac.com

TEVA CANADA INNOVATION

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Contact:

Jeffrey Brown, Manager, Marketing
Teva Canada Innovation
1080 Beaver Hall Hill, 12th Floor, Montreal, QC  H2Z 1S8
514-878-0095
jeffrey.brown05@tevapharm.com
tevcanadainnovation.com

T.I.P.S. (THE INTEGRATED PARTNERSHIP FOR SENIORS)

To increase awareness of community support provided by non-profit and private agencies, to share information (health fairs/symposiums) and to provide resources, Health Care Professionals, community agencies and the general public of community resources for seniors.

Contact:

Debra Sayewich
TIPS (The Integrated Partnership for Seniors)
P.O. Box 32005, 250 Harding Blvd. West,
Richmond Hill, ON L4C 9S3
info@tips4seniors.ca
tips4seniors.ca

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Contact:

Amanda Daley, Director of Medical Education
Tweed
1 Hershey Drive, Smith Falls, ON  K7A 0A8
855-558-9333 Ext. 120
amanda@tweed.com
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Contact:

Erika Wright, Manager, Recruitment
University of Guelph-Humber
207 Humber College Blvd, Toronto, ON M9W 5L7
416-798-1331 Ext. 6454
erika.wright@guelphhumber.ca
guelphhumber.ca/fcss-dc

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CONTACTS AND ACTION PLAN

Take some time throughout the conference to record new people you have met and ideas you would like to follow-up with once you are back in the office. This is your contacts and action plan list. Use it to get the most out of your participation at the conference.

WHO I'VE MET........

List some of the people you met and that you would like to follow-up with:

Name, Organization, Phone, Email, Website

________________________________________

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ACTION PLAN

List ideas you learned at the various sessions that you would like to action.

________________________________________

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Canterbury Funeral Home & Cremation Centre
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Crescent Funeral Home - Kennedy Chapel
Cresmont Funeral Home - Upper James Chapel
Dalmore Funeral Home
First Memorial Funeral Services Fairview Chapel
Fleischfried Michelle
Fundraiser Beauchamp
Fundraiser Beauchamp
Giffin-Mack Funeral Home & Cremation Centre
Green Mortuary
Green Mortuary - Ems Chapel
Hollingsworth & Cozino Funeral Chapel
Hulse & English Funeral Home & Chapel
Jarrett Funeral Homes - North York Chapel
Jarrett Funeral Homes - Scarborough Chapel
Jarrett Funeral Homes - Toronto Chapel
Jarrett Funeral Homes - Vaughan Chapel
Kaye Funeral Home & Memorial Chapel
Mackin Funeral Home - Ralston Robert & Gunderbur Funeral Home
Markham Terence Funeral Home
Markham Funeral Home & Cremation Centre
McIntyre-Shields Funeral Homes & Chapels
Needham Funeral Service
Ottawa Funeral Home
Rainy River Funeral Home
Rice-Bechtle Funeral Home & Cremation Centre
Ronen-Morrison Funeral Home & Chapel
Schnell-Mark Family Home & Chapel
Stoney Creek Funeral Home
Swedhjem, Blackford & Ward Funeral Home
Thompson Funeral Home
Torpe Brothers Funeral Home & Chapel
Uphill Funeral Home & Cremation Centre
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